

St. Timothy Centering Prayer 8.15.15 12th Week After Pentecost-Mary

“The Holy Spirit preaches here, and one word of the Spirit’s sermon is far better than a thousand of our prayers.”

- **Gathering Bell** signals our intention to Silence & Stillness as we rest in God’s presence.

- **Call to Prayer:** Come Holy Spirit,

fill the hearts of your faithful,

kindle in them the fire of your love. Send forth Your Spirit and they shall be created.

You are renewing the face of the earth. Guide us in our prayers, and flow thru us into the world. AMEN

- **Sat, August 15th-Celebration of Mary, the Mother of Our Lord**

- **Lectio Divina: The Magnificat, Mary’s Song Luke 1: 46-55**

“My soul glorifies the Lord

⁴⁷ and my spirit rejoices in God my Savior,

⁴⁸ for he has been mindful

of the humble state of his servant.

From now on all generations will call me blessed,

⁴⁹ for the Mighty One has done great things for me—

holy is his name.

⁵⁰ His mercy extends to those who fear him,

from generation to generation.

- **Silence and Stillness**

- **Reflections:** Luke writes: “And Mary kept all these things, reflecting on them in her heart” (2:19), and tells us yet again: “and his mother kept all these things in her heart” (2:51b). On these two separate occasions—the presentation of Jesus in the temple as an infant, and finding Him there as a twelve-year-old child after searching for three days—Mary reacts to the mysteries of God in the same way. She reflects. She ponders. She keeps all these things in her heart. Luke’s repetition of a seemingly insignificant detail in fact demonstrates to us what it means to be a faithful disciple: one must contemplate the mysteries of the God revealed in the Incarnate Word, Jesus. In her life of contemplation, Mary provides us with an example of one who sought tirelessly “the one thing” that is needed (10) The beauty of Luke’s words and the perfectly serene images of Mary from the traditions of visual art can show us the intensity and the truth of what it means to live a contemplative life.

- **Sending Prayer:** Almighty God, in choosing the Virgin Mary to be the mother of your Son, you made known your gracious regard for the poor, the lowly, and the despised. Grant us grace to receive your word in humility, and so to be made one with your Son, Jesus Christ our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. AMEN

GO IN PEACE