

St. Timothy Centering Prayer 9.20.15 16th Week After Pentecost

“The Holy Spirit preaches here, and one word of the Spirit’s sermon is far better than a thousand of our prayers.”

- **Gathering Bell** signals our intention to Silence & Stillness as we rest content in God’s arms.
- **Call to Prayer:** Come Holy Spirit,
fill the hearts of your faithful,
kindle in them the fire of your love.
You are renewing the face of the earth. Guide us in our silent prayers of communion, and flow thru us into the world. AMEN
- **REFLECTION: Poem by Carl Barbarotto-Assumption to the Truth**

Far away in a hidden Monastery-the little I dissolves in surreptitious Joy.

Light prances on Spanish tile roofs, brick red. Blue skies gather billowy while clouds, forming as a potter’s puff of smoke.

Lush green palms dance in desert sands-cool currents flow in a desert Oasis hauntingly inviting, calling me to stillness-One Ecstatic Stillness-
Be Still- and know I Am God.
I have called you and knew you even in your mother’s womb-from Everlasting to Everlasting I AM-
Before Abraham was-I AM.
I go before you to make the crooked places straight.
Not a hair on your head falls without me knowing it.
With infinite tenderness and care I love you,
And should your mother and father forsake you,
Yea even then, my right hand supports and lifts you above all material sense and illusory harm,
And I will never leave or abandon you.

Remain as a child in my Arms,
Be still, stir not-
And know I AM GOD.

Be still and know I AM
Be still and know.....Be still.....Be

- **Lectio Divina: Read three times with one minute between**

Psalms 46: 10-11

He says, “Be still, and know that I am God;
I will be exalted among the nations,
I will be exalted in the earth.”

The LORD Almighty is with us;
the God of Jacob is our fortress

- **Silence and Stillness**-20 minutes
- **Sending Prayer:**

Our Father, Help us to

- **believe**
mightily,
- **hope joyfully,**
- **love divinely.**

Renew us that we may help renew the face of the earth.

***AMEN* GO IN PEACE-Serve Others**